



Nappy Changing policy for 2 year old provision

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INTRODUCTORY STATEMENT

As part of children's well-being and development we support children's self-care, which entails nappy changing times and supporting children's use of the toilet when they are ready.

We understand the importance of providing an environment where the intimate care of a child is treated with the upmost respect and their dignity will be preserved all times.

Children at two years of age are often at very different stages of toilet training, varying from being in nappies to independent toilet use. We support children respectfully at whatever stage they are at. We do promote independence but at an appropriate level for the individual child. It is important children feel comfortable and safe and so children are given the time and privacy if needed in the toilet. Practitioners will support with tasks such as wiping children's intimate areas to ensure they are clean.

These intimate care routines as well as nappy changing are undertaken by the child's key person. This is the person the child will have built up a strong and trusting relationship with and so the child will feel comfortable with this adult supporting them with these needs.

We encourage independence with children dressing and undressing and we support children with this in the bathroom area.

PROCEDURES

Nappies will be changed by the key person wherever possible. If the key person is not available then the key person buddy will change the child's nappy. Staff will be trained on nappy changing procedures. Only staff with an enhanced DBS disclosure will change nappies and be with children in the bathroom areas. Students and volunteers will never change nappies and will not be in the bathroom areas unsupervised.

Nappies will be changed at regular intervals personal to each child. A soiled nappy will be changed immediately. A child will not be left to sit in a soiled or wet nappy, and parents will not be contacted to change their child. Each child's nappy change is recorded on the nappy change chart (appendix 1) and this information is shared with the child's parent or carer at the end of their session.

Each child should have their own box with their nappies, wipes, nappy sacks and nappy cream, or flushable wipes if the child is using the toilet. Disposable gloves and aprons should be used for every nappy change and changed for each child. Nappy and contents should be put into the specified nappy bin. We advise parents not to bring pull ups.

Adults should not make inappropriate remarks about the nappy contents or children's genital areas.

Nappy changing is a time for interactions between child and adult including counting, singing and talking. It is also a time for promoting independence.

Children should be encouraged to wash their hands and explore the water using soap. Children should be given adequate time to do this.

Children will not be left alone in the nappy changing area.

NAPPY CHANGING ROUTINE

1. Cover mat with hygiene tissue cover.
2. Wash hands.
3. Put an apron and gloves on and get child's nappy box containing nappy, wipes, nappy sacks and cream.
4. Ask the child to come to the nappy changing area.
5. Support the child climb up the stairs - never leave a child unattended on a raised changing area.
6. Wiping the child front to back ensure the child is fully clean. Apply nappy cream if permission has been given and feel it is needed.
7. Change the child's nappy, disposing of the soiled or wet nappy in the specified nappy bin.
8. During the nappy change involve the child in the process; explain what you are doing, singing, talking etc.
9. After the nappy has been changed and child got down from the mat, clean the area using anti-bacterial spray/wipes, dispose of hygiene tissue sheet, aprons and gloves in appropriate bin.
10. Both child and staff to wash hands.
11. Record the nappy change on the nappy changing chart.
12. Return the child the play area.

TOILET USE

Children should be encouraged to use the toilet when parents and practitioners feel the child is ready. We will not begin to toilet train a child without prior discussion and agreement with parents/carers. We strongly advise parents/carers to start toilet training at home, where the child feels secure and relaxed in their own environment. We will continue to support children with their toilet training once they are started.

Children should be encouraged to feel comfortable in the bathroom area, this could involve them talking to a friend on the toilet.

Children are encouraged to use the toilet. When they have finished they will be encouraged to wipe themselves with support from practitioners. Children are encouraged to flush the toilet. After using the toilet the children are encouraged to wash their hands using soap and given adequate time to explore the water and soap.

Children will not be left alone in the bathroom area.

If children's underwear gets soiled or wet, practitioners should put it in a nappy sack and tie up for parents to take home. The child's key person will support the child to use the toilet and work closely with parents to support this developmental stage.