



PE

Full School Overview

Year	Autumn 1 8 weeks	Autumn 2 7 Weeks	Spring 1 6 Weeks	Spring 2 5 Weeks	Summer 1 6 Weeks	Summer 2 7 Weeks
1	Dance Making my body move	Gymnastics Moving and being still	Games Net and Wall Badminton	Dance Making my body move	Games Striking and fielding Cricket	Athletics/sports day practise
2	Games Invasion Skittleball	Dance Moods and feelings	Gymnastics Travelling and making shapes	Games Net and Wall Tennis	Games Striking and fielding Rounders	Athletics/sports day practise
3	Dance Choreography	Gymnastics Sequencing	Games Net and Wall Short Tennis/Volleyball	Athletics Running/jumping/throwing	Swimming	Swimming
4	Swimming	Swimming	Dance Stories through dance	Gymnastics Level and speed	Games Invasion Football	Athletics Running/jumping/throwing
5	Dance Dancing together	Gymnastics Performing	Swimming	Swimming	Athletics Setting goals	Games Striking and Fielding Cricket
6	Gymnastics	Dance Dancing images	Games Net and Wall Tennis	Games Invasion Hockey/Netball	Outdoor and Adventurous Activities Maps and trails & Residential trip	Athletics Field events

Number of hours spent learning each curriculum area

Year	Dance	Gymnastics	Swimming	Games	Athletics	Outdoor and Adventurous Activities
1	13	7	0	12	7	0
2	7	6	0	19	7	0
3	8	7	13	6	5	0
4	6	5	15	6	7	0
5	8	7	11	7	6	0
6	7	8	0	11	3	10
Total	49	40	39	61	35	10